### PCIT-Toddlers

**PUBLIC OUTING TODDLER BAG CHECKLIST**

1. Diaper changing related items (e.g., change mat, diapers, wipes, cleaning lotion)
2. Healthy snack and drink
3. Appropriate change of clothes for weather
4. Wash cloth to be used to freshen child and parent
5. Desired toy to be used for distraction
6. Child’s comfort item/toy
7. Child’s blanket/comforter
8. Hat or beanie (weather dependent)
9. Sun screen

Comments

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