

Appendix H: Developmental Tip of the Day Cards

The developmental tips cards presented are derived from the incredible work produced by the University of Minnesota in their reference material entitled, "Positive Discipline: A Guide for Parents". This complete work can be found at: <https://www.extension.umn.edu/family/school-success/professionals/tools/positive-discipline/docs/positive-discipline-guide-english.pdf>

Toddler Tip of the Day!

Most toddlers will not understand how to share. Parents can demonstrate sharing and praise their children when they do. Be sure to have lots of items around so sharing is not always necessary.



Toddler Tip of the Day!

Talk and read to toddlers often. Their vocabularies are still growing. The more words they learn early on, the more words they will be able to understand as they grow.



Toddler Tip of the Day!

Toddlers are always on the move. Be sure to pack extra activities or food to keep toddlers busy when you need them to be still and calm. Try singing songs or playing games to help them wait.



Toddler Tip of the Day!

Toddlers are still learning how to control their emotions. When they are hungry, sleepy, have a dirty diaper, or need attention, they may tantrum. Think about and try to satisfy their need in the moment to help them calm down.



Toddler Tip of the Day!

Children often begin to toilet train around the age of 2. Never reprimand a child for having an accident. Accidents are an expected part of the toilet training process.



Toddler Tip of the Day!

Toddlers thrive on routine. Try to structure aspects of each day (nap time, bath time) similarly so your child knows what to expect.



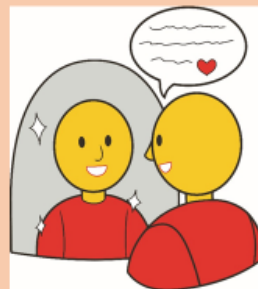
Toddler Tip of the Day!

It is a toddler's job to explore. Sometimes this can result in a mess. Be sure your child is safe at all times. Keep items that are not safe away from toddlers.



Toddler Tip of the Day!

Parenting can be very tiring. Be sure to give yourself a break to relax when others are available to care for your toddler.



Toddler Tip of the Day!

Toddlers learn by copying what they see and hear around them. Behave how you want your child to behave.

